



PLUS Summit 2016

January 5

UCD, Spanos Center

- 9:30-10:20 Spanos Center: Registration
- 10:20-10:40 Opening & Welcome: **Julie Penn, Reyes Gauna, & John Vandenburgh**
- 10:40-11:20 Key Note Speaker: **Tyronne Gross, Hometown Hero**
- 11:40-12:35 **Session A**
Group 1 PLUS Forums w/Vandenburgh
Group 2 Breakout Sessions
Group 3 Breakout Sessions
- 12:40-1:30 LUNCH Time with DJ (Spanos Center)
- 1:45-2:35 **Session B**
Group 1 Breakout Sessions
Group 2 PLUS Forums w/Vandenburgh
Group 3 Breakout Sessions
- 2:50-3:40 **Session C**
Group 1 Breakout Sessions
Group 2 Breakout Sessions
Group 3 PLUS Forums w/Vandenburgh
- 3:50-4:40 Closing & PLUS "After Party" with **Amanda King**

Group 1	Group 2	Group 3
Chavez & Stagg	Franklin & Merlo & Jane Frederick	Edison & Weber
Adams, Bush, Cleveland, El Dorado, Grunsky, Hamilton, Harrison, King, Marshall, Peyton, Stockton Skills, Tyler, Victory	August, Elmwood, Fillmore Freemont, Henry, Hoover Kennedy, Monroe, Montezuma, Pittman, Taylor, VanBuren, Wilson	Hazelton, Hong Kingston, Huerta, Madison, McKinley, Nightingale, Pulliam, Rio Calaveras, Roosevelt, San Joaquin, Spanos, Taft, Washington

Breakout Session Locations

Name of Session	Building/Room
The Anger Trap	Classroom Building Rm 238
Community Service Project	Olson Hall Rm 120
Alcopops in the Media	Classroom Building Rm 170
Digital Citizenship	Classroom Building Rm 104
College & Career	Classroom Building Rm B1
Ally 101 Workshop	Education Hall Rm 208
Activities with meaning/ Energizers	Education Hall Rm 118
Conflict Resolution	Classroom Building Rm 205
#SchoolEveryDay	Classroom Building Rm 232
Tobacco-NO	Classroom Building Rm 126
Yellow Ribbon Campaign	Classroom Building Rm 204
Environmental Prevention	Classroom Building Rm 203
SMART Goals	Classroom Building Rm 231
Let Your Haters be Your Elevators	Classroom Building Rm B2
PLUS Forums w/ Vandenburgh	Spanos Center

Breakout Sessions Overview

The Anger Trap (Joel Wurgler, Point Break)

Point Break Adolescent Resource Center is a partner of SUSD. They offer our youth many services including Anger Management strategies. This session will help PLUS leaders gain insight to factors that lead to anger and they will learn strategies to help their peers avoid the anger trap.

Community Service Project (Tyronne Gross, The Table Community Foundation & Sherley Pabustan, FIT Coordinator)

The Table Community Foundation focuses on mentoring and giving back to our community. Tyronne Gross, ex NFL player, has dedicated his life to giving back to Stockton's youth. Together with SUSD's Families in Transition coordinator, PLUS leaders will learn about the importance of giving back to our community and complete a community service project for youth in our own schools who need encouragement and positive relationships.

Alcopops in the Media (San Joaquin County Office of Education, Prevention Services & FNL/CL Coordinator, Argel Lustina)

Alcohol and drug use will never make you a better athlete, a smarter student, or a more effective leader. PLUS Leaders will gain awareness around the issues of alcohol in the media and how they can resist the pressures to engage in alcohol use.

Tobacco-NO (Chavez Friday Night Live team, and Tammy Earnest, Counselor)

Addiction to tobacco is a serious issue in our community and an epidemic among teens. This interactive workshop will encourage PLUS leaders to become the next generation of tobacco-free leaders.

College & Career Exploration (Ward Andrus, SUSD Director of Career & Technical Education)

PLUS Leaders will have a chance to learn about college entrance requirements, 21st century jobs market, and SUSD's career exploration program, Career Cruising.

Let Your Haters be Your Elevators (Jennifer Robles, SUSD Student Assistance Chairperson)

This fun and interactive session will guide participants in developing a support network, (including friends, family, and professionals) to help keep them on track to meeting their short term and long term goals.

Environmental Prevention (Students in Prevention, SJCOE/FNL)

In this workshop, students will learn about environmental prevention strategies to reduce Alcohol, Tobacco, and Other Drug (ATOD) use among their peers. Environmental strategies incorporate prevention efforts aimed at changing or influencing community conditions, standards, institutions, structures, systems and policies.

Ally 101 Workshop (Nicholas Hatten & Jonathan Lopez, San Joaquin Pride Center)

PLUS Leaders will gain important information and skills related to being an ally for LBGTQ students on our campuses. LBGTQ individuals are at high risk for being targets of bullying and hurtful actions. When we are an ally, we help to create safe and supportive schools for ALL students.

Activities with Meaning & Energizers (Franklin High School PLUS Team))

Students will learn about planning school activities that not only are fun, but have meaning and purpose. Activities with meaning are usually done as a follow-up to a forum or particular themes at the school site. Students will walk away with great ideas to take back to their sites and implement.

Conflict Resolution (John New, SUSD Student Assistance Chairperson)

Conflict happens... PLUS leaders will learn how they can help their peers resolve conflict peacefully and restore the harm that has been done. PLUS leaders will gain skills to work together to reach lasting solutions at their schools.

#SchoolEveryDay (Child Welfare and Attendance Liaisons)

PLUS leaders will learn the importance of daily attendance. Leaders will learn the skills to develop effective attendance monitoring procedures and how to talk with kids about attendance, implement goal setting worksheets with students, and other helpful school-wide tips to encourage better attendance.

Academic SMART Goals (Dax DelPrato, Instructional Coach)

It is important that our leaders are able to help other students set attainable academic goals. PLUS leaders will learn how to set SMART goals with students, how to encourage students to build relationships with teachers, basic graduation requirements, and other helpful tips that help students be successful.

Yellow Ribbon Campaign (Franklin High School PLUS Team)

Yellow Ribbon is a community based organization developed to serve youth to address youth/teen suicide through public awareness, education and training to help communities with prevention efforts. PLUS Leaders will learn how teens can help others going through hard times and how to connect them to needed resources.

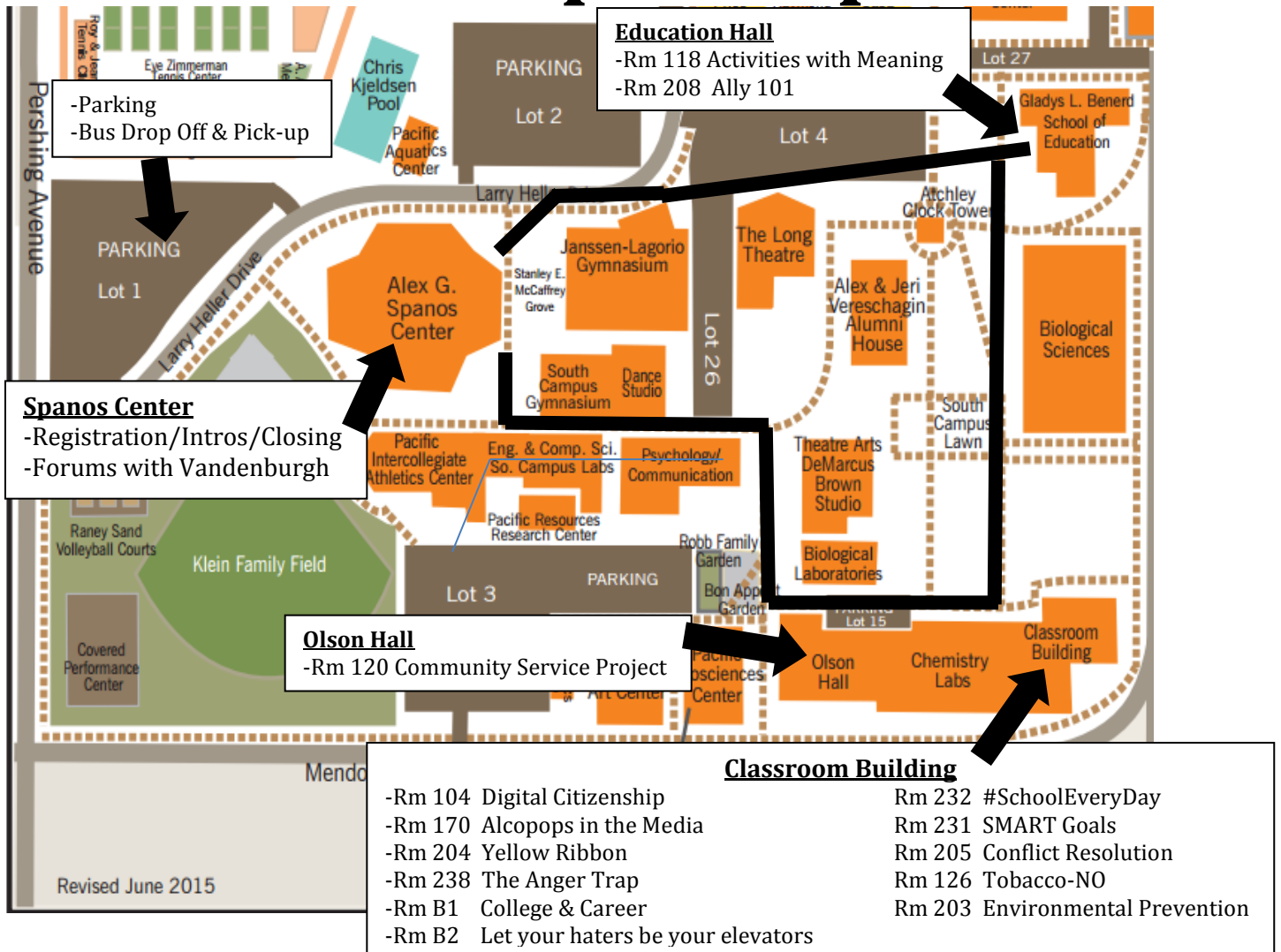
Digital Citizenship (Franklin High School PLUS Team)

With on-line activities at an all-time high, it is critical that students learn how to be safe while on the World Wide Web. Social media presents many challenges to our youth, this workshop will help our PLUS leaders gain positive digital citizenship skills.

PLUS Forums with Vandenburg (John Vandenburg, PLUS Program Founder)

PLUS leaders will revisit how to run a PLUS forum: roles of leaders, setting up for success, brainstorming ways to help students come up with student led solutions to student concerns.

University of the Pacific Campus Map



Group 1: Schedule	Group 2: Schedule	Group 3: Schedule
Chavez & Stagg	Franklin & Merlo	Edison & Weber
Adams, Bush, Cleveland, El Dorado, Grunsky, Hamilton, Harrison, King, Marshall, Peyton, Stockton Skills, Tyler, Victory	August, Elmwood, Fillmore, Fremont, Henry, Hoover Kennedy, Monroe, Montezuma, Pittman, Taylor, VanBuren, Wilson	Hazelton, Hong Kingston, Huerta, Madison, McKinley, Nightingale, Pulliam, Rio Calaveras, Roosevelt, San Joaquin, Spanos, Taft, Washington
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